



March 2023

LOWELL HIGH SCHOOL

LUNCH MENU

WEEK 4: March 20-March 24

Daily Serve
MTO Deli
Grab and Go
Salads
Grab and GO
Sandwiches
Yogurt Parfait
Chicken Patty
Hamburger
Veggie Burger
Pizza Station

All Lunches
Must Include
Choice of:
Fruits and/or
Vegetable
And May
Include:
1% Low-Fat
Milk

Powering potential.

MONDAY

- Country Chicken Bowl with Roll
- Country Veg Nugget with Roll **V**
- Buffalo Chicken Pizza
- Chicken Tenders with Roll
- Vegetable Cups
- Apples & Peaches

TUESDAY

- Beef Nachos with Tortilla Chips
- Bean Nachos with Tortilla Chips **V**
- Hawaiian Pizza
- Meatball Sub
- Greek Chicken Wrap
- Kickin Beans & Broccoli
- Oranges & Apples

WEDNESDAY

- Penne Bolognese with Parmesan
- BBQ Sriracha Pizza
- Chicken Nugget Basket with Roll
- Chef Salad with Flatbread **LG**
- Cucumbers & Carrots **LG**
- Oranges & Apples

THURSDAY

- Chili Garlic Popcorn Chicken Lo Mein
- Chili Garlic Tofu Lo Mein **V**
- Loaded Baked Potato Pizza **LG**
- Fish Po' Boy
- Green Beans & Carrots **LG**
- Pears & Fresh Fruit Cups

FRIDAY

- Hearty Chili with Tortilla Chips
- Vegetarian Chili with Tortilla Chips **V**
- Big Mac Pizza
- Steak and Cheese Sub
- Red Pepper Strips & Side Salad **LG**
- Apples & Bananas

All Lunches Must Include
Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

Menus are subject to change.

Menu's, Nutrition Education & Monthly Promotions

<https://lowellk12ma.nutrislice.com>

Check out our accounts on Social Media:

LPSD- Food & Nutrition

Instagram: [lpsdfoodandnutrition](https://www.instagram.com/lpsdfoodandnutrition)

Food & Nutrition Office: 978-674-2049



This institution is an equal
opportunity providers